

# ***SANILAC COUNTY COMMUNITY MENTAL HEALTH AUTHORITY***

## CLINICAL POLICY

**NUMBER: RR041**

**NAME: LEAST RESTRICTIVE TREATMENT**

INITIAL APPROVAL DATE:	06/12/2002	BY: Administrative Committee
STAKEHOLDER REVIEW:	02/18/2025	BY: Recipient Rights Advisory Committee
(LAST) REVISION DATE:	12/17/2024	BY: Recipient Rights Officer
(LAST) REVIEW DATE:	02/20/2025	BY: Policy Committee
DISCONTINUED DATE:	NA	REPLACED BY: NA

### **I. PURPOSE**

To establish a policy that assures Sanilac County Community Mental Health Authority (Sanilac CMH) provides the least restrictive intervention, treatment and services to individuals receiving services.

### **II. APPLICATION**

Populations: **ALL**  
Programs: **Direct - ALL**  
**Contracted - NA**

### **III. POLICY**

It is the policy of Sanilac CMH that services will be selected and provided that will represent the least restrictive intervention and environment available.

### **IV. DEFINITION**

Individual – Specifically refers to an individual who receives services from Sanilac CMH.

Least restrictive - The least restrictive environment and intervention is one which represents the least departure from normal patterns of living that can be effective in meeting the individual's needs.

### **V. STANDARDS**

The least restrictive environment and intervention will always be considered and practiced to the extent possible in the delivery of services. The case record will indicate that the least restrictive intervention and environment has been achieved for the individual.

### **VI. ATTACHMENTS**

None.

### **VII. REFERENCES**

Mental Health Code 330.1708 revised  
Sanilac CMH Policy BC042 - Assessment