

# ***SANILAC COUNTY COMMUNITY MENTAL HEALTH AUTHORITY***

## CLINICAL POLICY

**NUMBER: BC143**

**NAME: CLINICAL PROTOCOL FOR CO-OCCURRING INTERVENTION**

INITIAL APPROVAL DATE:	05/13/2020	BY: Administrative Committee
STAKEHOLDER REVIEW:	09/07/2022	BY: Consumer Advisory Board
(LAST) REVISION DATE:	07/15/2021	BY: Policy Committee
(LAST) REVIEW DATE:	06/20/2024	BY: Policy Committee
DISCONTINUED DATE:	N/A	REPLACED BY: N/A

### **I. PURPOSE**

To determine eligibility for admission and discharge from the Co-Occurring Intervention (also known as a modified IDDT) program.

### **II. APPLICATION**

Populations: **Adults with a Co-Occurring Diagnosis**

Programs: **Direct – Clinic Services and Care Management Departments**

### **III. POLICY**

#### **A. Admission Criteria**

1. Individuals to be considered for co-occurring intervention program services must meet the following criteria:
  - a. Must be a minimum of 18 years of age, with exceptions based on clinical appropriateness.
  - b. Must be a resident of Sanilac County.
  - c. Must be diagnosed with a severe and persistent mental illness AND a co-occurring substance use disorder.
  - d. Must require intensive services and supports and who, without co-occurring intervention services, would require more restrictive services and/or settings.
  - e. The preparation stage of change is the minimal requirement regarding their substance use.
  - f. The goal to transition to the least restrictive environment will be discussed and agreed upon between the individual and their primary care worker.

### **IV. DEFINITIONS**

Co-Occurring Intervention Treatment – An intensive approach to treating co-occurring disorders which combines elements of both mental health and addictions treatment into a unified, comprehensive, and continuous program. This treatment is also known as a modified Integrated Dual Disorder Treatment.

### **V. STANDARDS**

- A. Referrals will generally come from/through the Sanilac CMH Clinic Services Department, hospital discharges, or through the intake process.

- B. Individuals will be referred for consideration.
- C. Referrals are forwarded to the Program Supervisor. The referring Clinician/Care Manager will present the case to the program team.
- D. Admission will be a clinical decision by the program team. Individual need, program services availability, and program capacity will be considered when making this determination.
- E. Individual agrees to be transferred to the program after having the services clearly defined to them.
- F. The current primary care worker and program staff will attend a transition meeting prior to services beginning and the plan will be reviewed and amended at this transfer meeting, unless there are extenuating circumstances. The individual's IPOS will reflect the program specific goals and objectives.
- G. The program team determines the primary care worker based upon the specific needs of the individual. Clinician on the team will complete IDDT fidelity scale and score sheet every six months or as recommended by the psychiatrist/IDDT team.
- H. The treatment elements may include the following:
  - a. Program Team: The multidisciplinary team will include a co-occurring disorders clinician, and a substance abuse specialist who has at least 2 years of experience working with co-occurring disorders or any substance abuse treatment.
  - b. Stage-Wise Interventions: All interventions are consistent with determining the individual's stage of change of treatment or recovery.
  - c. Access for Individuals to Comprehensive Services.
  - d. Time-Unlimited Services: Intensity will be modified to meet the needs of the individual in their recovery.
  - e. Outreach.
  - f. Motivational Interventions.
  - g. Substance Abuse Counseling.
  - h. Group Co-occurring Treatment.
  - i. Family Psychoeducation and Co-occurring Disorders.
  - j. Participation in Alcohol and Drug Self-Help Groups.
  - k. Pharmacological Treatment.
  - l. Interventions to Promote Health.
  - m. Secondary Interventions for Substance Abuse Treatment Non-Responders.

**VI. ATTACHMENTS**

**VII. REFERENCES –**

0544 Integrated Treatment Fidelity Scale  
0545 Integrated Treatment Fidelity Scoring Sheet  
Improving MI Practices: Integrated Co-occurring Disorders Treatment.  
<https://www.improvingmipractices.org/practice-areas/co-occurring-disorder-treatment/integrated-dual-disorders-treatment>